



WAIMARIE HAMILTON EAST COMMUNITY HOUSE

53 WELLINGTON ST, HAMILTON EAST • PH 07 858 3453 • FAX 07 8583475 • EMAIL waimarieham@xtra.co.nz • www.waimarieham.wainet.org

Cheryl on Symmington



WHEN will summer come, we are asking. We experience one lovely warm sunny day only to be forced back into layers of clothing with another fall of snow on the mountains, always enough to affect our temperatures.

Still we optimistically plant out our summer crops in the vegetable garden, only to see their growth become slow & sometimes stunted due to frequent cold snaps.

What else can we do, it's instinctive for us gardeners to have our tomatoes, potatoes, peppers, cucumbers, eggplants etc in the garden by now.

Some ideas that may help with the babies' growth is not to water in the evening when the temperatures drop overnight & the plants may freeze. If it's necessary to water, do it in

the early morning.

Protect the plants from cold winds which we have also been experiencing.

Mulch the garden well with pea straw or aged grass clippings. Bales of pea straw can be purchased from The Straw Warehouse in Cambridge for \$15 + GST per bale. Mulching will help to keep the soil temperature warmer making a cosy bed for the baby seedlings.

The mulch also smothers the growth of unwanted weeds, adds nutrients to the garden, prevents soil erosion with strong winds & will help retain the moisture in the soil.

Good luck gardeners with your summer crops and here's wishing for a late long hot summer.

Te Ara Hou celebrates first 10 years

Contributed by Hannah Banks, Hamilton City Council Northeast Neighbourhood Advisor

TE Ara Hou, the innovative social services village located at 100 Morrinsville Rd, Hamilton, celebrated its 10th birthday on Wednesday 11 November. Despite the inclement weather, the event was a resounding success, with Ngati Haua, the original owners of the land, in attendance and speeches by Archbishop David Moxon, Bishop Browne, Dr Rod Watts, Victoria Mann and Hamilton mayor Bob Simcock.

Congratulations go to Te Ara Hou on the realisation of

the vision they set out to achieve a decade ago.

South East and North East Community Network meetings are now finished for 2009. Meeting dates for 2010 will be set at the beginning of next year. Contact Hannah Banks on 07 853 2483 for information about the North East meeting and Mike Rarere on 07 855 6497 for information about the South East meeting.

And lastly, just a word on Steele Park... If anyone feels unsafe or is concerned about the behaviour of people in Steele Park, please contact police. Remember, the best way to get issues addressed is by being 'vocal' about them!

Rice Salad

- | | | |
|-----------------------|---------------------------|------------------------|
| 1 cup brown rice | 1 cup sultanas or raisins | |
| ½ cup light soy sauce | Juice & rind of 1 lemon | 1 clove chopped garlic |
| 1 diced red pepper | ¼ cup olive oil | ½ cup sunflower seeds |
| 1 diced green pepper | 1 tsp grated fresh ginger | ½ cup pumpkin seeds |

Cook brown rice. Drain, mix in soy sauce and set aside until cold. Add diced peppers and sultanas or raisins. Mix together lemon juice and rind, olive oil, ginger and garlic and add to rice mixture. Lastly, toast sunflower and pumpkin seeds and add to salad. Delicious!

Have a wonderful Christmas and a very happy and safe New Year!



Co-ordinator's Corner

WELCOME to the last edition of The Eastsider for 2009. We will close on December 18 and reopen on 11 January, 2010. Waimarie: Hamilton East Community House serves the South East area of Kirikiriroa.

Community Houses are located in local neighbourhoods and exist to support and serve the local community. We run a variety of programmes and services and we are always open to new ideas and suggestions.

HOLIDAY PROGRAMME

The Waimarie Holiday Programme will kick off when we return from holidays. We cater for five to twelve year olds and parents may qualify for a WIN subsidy depending on your income. The programme will run for three weeks from 11 January to 1st February. Please phone or email Waimarie for enrolment forms.

WEBSITE

Check out our constantly evolving website for lots of great ideas, news and community resources including our local Community Directory, rooms for hire and cheap and cheerful ideas for eating and travel.

ORGANIC HERB AND VEGETABLE SEEDLINGS

We are still selling organic vegetable seedlings and herbs. These are available to purchase from Waimarie. They can also be purchased at the Salvation Army Family Store in Grey St. thanks to the generosity of Lorraine Lindsey. Herbs available include borage, basil, dill, parsley and garlic chives. Vegetables include tomatoes, broccoli, cucumber,

lettuce and pumpkin. We have been selling them at a few local markets. These will be available until we close for the Christmas break.

\$100 RAFFLE

Congratulations to Cheryl on winning the hundred dollar raffle. Rumour has it that someone else put up the two dollars to purchase the ticket but won't be claiming half of the winnings!

CHRISTMAS

Merry Christmas everyone. Go careful out there and don't overdo the Christmas spirit. Christmas does not have to be about spending a lot of money or stressing to the max. After many stressful Christmases, my motto now is to make as much effort as I have time, energy and joy for at Christmas and forget the rest. Draw names out of a hat for the adults in the family and just buy one present for a predetermined amount. This works really well and cuts out huge amounts of stress. Have a make or bake Christmas and only give gifts you have made or baked yourself. Go to a local park and just have a family picnic and games. Get everyone to bring one precooked food item or share the cooking and food preparation so it is not left to one or two people. If money and time is tight, just eat what you normally would. The important thing is to be with family and friends and to give thanks for the good things in our lives. For Christians, it is about remembering and celebrating the birth of Jesus Christ. Whatever it is for your family, it doesn't matter what the



Joneses are doing. Children will remember how they felt on Christmas Day; whether there was laughter or tears, music or arguing, not how expensive their gifts were. Remember you are always welcome to pop in for a cuppa and a bit of a chinwag.

J. Landman
Co-ordinator

Youth Scene



KIA ora whanau,
He mihi nui ki a koutou.
Hope you are all good.

2009 is drawing to a close and it has been a very challenging year for many in our community. Hopefully we would have heard the last of the word "Recession" for a long time, and look forward to a positive new year.

Many of the young people in our city would have completed their academic year by now. I hope you have had a successful year and good luck to any of you awaiting exam results. Some of our local secondary schools have experienced more than their fair share of difficulties this year. I wish students, and staff, a happy holiday break and hope that 2010 is a positive and fresh start for you all.

For your information, Primary and Secondary schools finish for 2009 between December 15-18. Many senior secondary students would have finished earlier for exams.

The 2010 School year begins on Tuesday February 2nd. Monday February 1st is Auckland Anniversary Day.

2 EASTSIDER, NOVEMBER 2009

By Mike Rarere,
South East Hamilton
Youth Advisor



For Holiday Program Information keep an eye on your local Community Newspapers or contact HCC Community Development Unit 8386623 for more information. Also, Hamilton's Community Houses, including Waimarie Hamilton East Community House, provide or have information on local holiday programs. Contact your local Community House for more information.

N.B. Most holiday programs will run in the later half of January 2010.

Local regular community-based programs, Martial Arts and Self Defence for Youth (Mondays and Wednesday 4pm) and Fairfield Young Men's Club (Tuesdays 9am-11am) @

Fairfield Hall, finish for 2009 on Wednesday December 16th. They will begin again the first week of February 2010.

For more info, contact Mike 07-8556497.

Capoeira for Youth, Wednesdays 6.30pm-8.30pm @ Studio 46 Te Ahurei a Rangatahi Youth Agency Flr1 46 Bryce St, will be finishing on Weds December 16th 2009. Restarting the first week of February 2010.

Other Hamilton Youth Services include; Te Ahurei a Rangatahi, an excellent Hamilton youth-focussed organisation located Floor 1, 46 Bryce St (Entrance on Barton St), providing many services to our community including youth support groups, events, programs, and camps. Contact them on 07-8383013 for more information.

Whai Marama Youth Connex another of our excellent local youth-focussed organisations, their youth workers are trained to support young people transitioning from school into further education, training and employment. Contact them on 07-8382558.

For school leavers, try contacting Job Finders 313 Barton St Hamilton 07-8341003.

They have information and also support young people into employment.

Visit, htwyouth @ www.htwyouth.co.nz to find out what Hamilton provides for young people. This new initiative launched by Hamilton City Council in 2009, provides allsorts of youth related information including a comprehensive calendar of youth-focused events and activities. Try it out.

If you are a local youthworker or want to be involved in youthwork you can contact the Waikato Youthworkers Collective for information and advice. This collective is currently strengthening its membership to provide support, information and training for those who work with young people. Contact Mike on 07-8556497 or 021-315469 for more information.

Have a great break over the holiday period. A huge mihi to all the Hamilton youth-workers and our local communities.

Take care and see you in 2010.

Mauri ora.
Mike.