

New face:

Introducing Lynda Peplow

Hi there. I have recently started working at Waimarie part-time in a newly created position as Marketing and Fundraising Officer.

I am married to Greg and am the mother of three active young boys aged 6, 8 and 12. I love music and going to the beach and spending time enjoying the great outdoors. I am a keen tennis player and try to get to the gym on a regular basis (although haven't been very successful this year).

Most weekends I can be found following the boys, in their sporting pursuits. My family and I love living in the South East Kirikiriroa ward, with its mix of wonderful people and great facilities. There are so many things going on in the local community to take advantage of!

At Waimarie we rely heavily on grants and donations to provide our services. My role is to secure ongoing sustainable funding and build awareness of the organization. Did you know, approximately 9065 people used our services last year? We offer great services at Waimarie, many of which are free. We would like to see as many people as possible take advantage of this, whether its coming in for free budgeting or legal advice, to order our vegetable boxes, for a craft or continuing education workshop, to visit our garden etc. Our programmes and activities change regularly and there's usually something for everyone, so please come and see us, give us a call or visit our website www.waimarieham.orcon.net.nz.

If you are ever in a position to help support us either as a volunteer, or in our fundraising efforts, we would love to hear from you also. We have just started having a stall at the Hamilton East market days on the first Saturday of every month and don't forget the Entertainment books which are for sale and have over \$10,000 worth of offers on eating out, family and leisure activities, sports events, accommodation etc. Without the support of the local community and local businesses we would not be able to continue.



COURSES AND ACTIVITIES FOR TERM 2, 2009

YOGA

Samadhimurti, Arbana Levande, is running a yoga classes again this term - Mondays from 12.00noon to 1.30pm and costs \$36 for the term. Starts 27 April. Min: 6 Max: 9.

TAI CHI

Tai Chi will run on Wednesdays from 29 April at 2.00pm. There is a \$2 charge per class.

ORGANIC GARDENING

Cheryl Noble is offering this popular course this term, running for four weeks from the 27th May. \$5 per session.

BOOK CLUB

The Book Club meets once a month at a member's house in Hamilton East. If you are interested in joining a book club, phone the co-ordinator, Anne Minkhorst, on 856-8531

HOLIDAY PROGRAMME

This will run for 5-12 year olds for the January holidays from 14 to 24 April. We are MSD approved which means that parents can apply for a WIN subsidy. Phone Waimarie for details.

MOVE MORE and EAT RIGHT

Sport Waikato are running this course for 3 weeks on Wednesdays from 6 May. This is a free course.

THRIVING ON A SHOESTRING

This course covers a lot of ground from organic gardening to basic car maintenance. Get heaps of ideas to help you save money and live more sustainably. 9 weeks from 5 May. Creche available if needed for under fives. \$25

Entertainment books: Save and support Waimarie; Hamilton East Community House

PURCHASE your brand new 2009/2010 Entertainment book from Waimarie; Hamilton East Community House and you will be donating \$10 to Waimarie. The Waikato and the Bay of Plenty Entertainment book, is your guide to the best restaurants, hotel accommodation, attractions and sports and leisure activities...all with 25 per cent to 50 per cent off or 2 for 1 offers.

At only \$50 it usually pays for itself after two restaurant visits! If you go out on birthdays, or

go on family outings, you could end up saving hundreds of dollars over 12 months!

Please support Waimarie: Hamilton East Community House by phoning Jane or Lynda on 07 858 3453 to place your order or email waimarieham@xtra.co.nz and someone will be in touch with you.

Please note that we can only accept cash or cheque payments. A sample of the book is available for viewing at Waimarie.



Strong focus on activities for youth

Kia ora whanau,
He mihi nui ki a koutou.
Hope you are all good.

What's happening in our community?

We have had our first Hamilton Youth Sector Networking Meeting 'Hui Whakapiri' for 2009. These meetings aim to bring together those people and groups working with local youth to share information and build positive relationships in this sector. The meetings are being held this year at Fairfield hall on Clarkin Rd Hamilton, and all are welcome. The next meetings are scheduled for Friday 26th June, Friday 25th September and Friday 27th November. Meetings begin at 10am and finish at midday. For more information contact Mike Rarere on 07-8556497.

School Term 1 ends on Thursday April 9th and Term 2 begins Monday 27th April. School Holiday Programs in the East Hamilton area include Waimarie Hamilton East Community House Holiday Program contact 8583453, Waikato Tennis Holiday Program Dey St Ham East contact 8568181, Knocking Around Knox Holiday Program contact 8565687, and Fun Holidays Hamilton East School 027-4412417.

"Youth-Week 2009" is approaching. In the Waikato we are lucky because we celebrate Youth-week twice a year. National Youth-week is from 23rd to 31 May. There will be youth projects and events on during this week including The Hub Youth and Community Centre's Youth Art Auction @ Agora Café in Frankton, and Te Ahurei a Rangatahi are holding a Youth Dance Party.

By Mike Rarere,
South East
Hamilton
Youth Advisor



Waikato also celebrate our local Waikato Youth week during the Winter School Holidays from Friday 3rd to 10th July. Projects include Beatstreet09 (a celebration of Positive Aotearoa HipHop Culture) and Te Ahurei a Rangatahi's "So Youth Think You Can Graff" Urban Street Art Competition and exhibition. If you are interested in being involved or running your own project during Youth-week, drop me a line and I may be able to help find resources or information.

Hillcrest Chapel is located at the corner of Masters Ave and Morris Rd. During the year they run many programs and activities for the community. These include regular weekly activities for Children and Youth of varying ages, and special events and camps. Contact 07-8564222 for more information or visit www.hillcrestchapel.org.nz.

At Fairfield Hall, we have some regular free youth programs. These include Martial Arts and

Self Defence for Youth (12-24yrs), 4pm every Monday and Wednesday during the school term. Contact Mike on 07-8556497 for more information, or just turn up on the day and join in.

Capoeira for Youth is a free programme held weekly at Studio46, Te Ahurei a Rangatahi Youth Agency @ 46 Bryce St, on Wednesdays from 6.30pm. Capoeira is an exotic Brazilian Martial Art that combines music and self-defence. For more information contact Mike 07-8556497.

Here in Hamilton we have some excellent youth focussed organisations including Te Ahurei a Rangatahi Ph.07-8383013, Whaimarama Youth Connex and the Youth Transition Service Ph.07-8382558 and The Hub Community Youth Trust Frankton Ph.07-8478555. These organisations provide a variety of youth friendly services including support groups, youth advocates and advisors, counselling, camps, events and fun programs.

For more information about these services, contact the organizations on the phone numbers provided.

If you are a local youthworker or want to be involved in youthwork you can contact the Waikato Youthworkers Collective for information and advice. This collective is currently strengthening its membership to provide support, information and training for those who work with young people. Contact Mike on 07-8556497 or 021-315469 for more information.

Kia ora.

Regular Services and Activities

REMEMBER we also offer the following services and regular activities:

- Photocopying @ 10c per A4 page and 20c per A3. Over 10 copies 7c and 15c
 - Rooms for meetings and seminars
 - Veggie co-operative \$10 a box of veg (includes some fruit). Egg trays: size 5 \$6.20, jumbo \$7.60 (30 eggs) and potatoes: \$8.50 for 5kg, \$10.00 for 10kg. Ring with your order and pay by Tuesday lunchtime. Collect from lunchtime Wednesday.
 - Gardening group on Friday mornings.
 - Free legal advice from 11.00am on last Friday of the month and every second Tuesday from 10.00am -by appointment only.
 - Cuppa and a bit of a chinwag
 - Referrals
 - Budgeting Service. This free service is now operating again on Tuesdays from 9.00am.
- Phone for an appointment. Julie Elmer is the Budget Advisor.
- Benefit Advocacy. Phone Craig Wills on 8504013. Craig is based at Waimarie on Thursdays from 10.00-3.00pm. Phone for an appointment or drop in.
 - Free legal advisory service on Friday mornings and every second Tuesday. By appointment only.