



WAIMARIE HAMILTON EAST COMMUNITY HOUSE

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Co-ordinator's Corner

WELCOME to our quarterly Newsletter. Waimarie: Hamilton East Community House serves the South East area of Kirikiriroa. Community Houses are located in local neighbourhoods and exist to support and serve the local community. We run a variety of programmes and services and we are always open to new ideas and suggestions.

Autumn is on its way and thoughts may be turning to winter heating, soups, casseroles and reading a good book in a cosy corner. This is my favourite time of year with clear, crisp days that invigorate and inspire, brilliant hues of autumn leaves and the harvest before winter. This reminds us to put away a little for the leaner times and to celebrate the bounty that is all around.

A reminder that we offer free budgeting, advocacy and legal services. Our fruit and veg boxes are great value at ten dollars a box which may help to stretch your dollars a little further. We also offer cheap photocopying and room hire for community groups.

We are running our Thriving on a Shoestring course this term. Attending this course is a great way to learn new ways of saving money as well as ways to live more sustainably and healthily. It covers everything from basic home repairs, cooking on a budget, organic gardening to building personal networks.

WELCOME PACKS

We have developed some new packs for people new to Hamilton East. They contain lots of useful information on everything from schools and medical services to things to do with the family. Just pop in if you would like one or know someone who has just moved into the neighbourhood.

STEELE PARK MARKET

We are planning on having a stall at the next market, 5 April. If you have any small items such as books or bric-a-brac that you would like to donate to Waimarie, please drop them off before the 5 April.

Remember you are always welcome to pop in for a cuppa and a bit of a chinwag.

J. Landman
Co-ordinator

Funders & Sponsors

A BIG thank you to our funders and sponsors for 2008/9:

Clyde Law.....(legal advice)	Hamilton City CouncilHoliday Programme Fund
Shu-yin Wong.....(legal advice)	HCC Community Well Being Grant.....(Wages)
COGS.....(operating costs)	Hillcrest High School.....(Community Education courses)
DV Bryant Trust.....(Budgeting service)	JR McKenzie.....(Wages)
Entertainment Publications.....(Entertainment Books)	Lotteries.....(wages)
Envirofund.....(Gibbon's Gully project)	McCawLewisChapman.....(legal advice)
Hamilton Boys High School.....(Gardening course)	OSCAR.....(Holiday Programme)
Hamilton City Council.....(Operations/Rent)	Tindall Foundation.....(Gardening costs)
Hamilton City Council Community Wellbeing.....	Trust Waikato.....(Wages)
.....(community education, wages)	WEL Energy Trust.....(Wages)

Cheryl on Symmington

Take a walk in the garden

WAIMARIE Neighbourhood House's garden in Wellington St is open for the public to enjoy and respect.

It is still lush with summer crops although some have now been harvested and we have begun planting out for winter.

Some crops that can be planted now are onions, leeks, broadbeans, peas and snow peas. Beans and peas will need support. Carrots, cabbages, caulis, parsnip and turnips can also be planted now.

Check out the interesting tomatillos growing in their pretty husks.

Enjoy the ambience of the garden with a quiet sit or a picnic.

An earth (pizza) oven is there which you can use, but please bring your own firewood, food and utensils.

We have some new signs installed that will give you direction in the use of the oven plus information on the different systems in the garden.

Please do not take the vegetables as the volunteers of the garden are quite upset when the food they are looking forward to



harvesting and eating... disappears. You could come along to our organic gardening classes and learn to grow your own food. Two classes are under way

now for this term and the next one will begin on Wednesday, May 27, 10am to 12 noon. To book your place in the four week course phone Cheryl 07 834 2249.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Waikato Home Tutor Scheme English Conversation 9.30-11.30am Ph: 07 853 2188 Starts: 27th April 2009 (Lounge)	Veg & fruit boxes, eggs, potatoes & orders taken & paid for by 2pm Free Legal Advice 2nd & 3rd Tues of every month. Come in or ph for an appt. Budget Advice Please ph: 07 858 3453 for an appt. By appt only Thriving on a Shoestring 9.30-12.30pm \$25 for 9 weeks Starts 5th May Enrol by 30th June (Lounge)	Vege orders ready for pickup from 10.30 Sport Waikato Move More & Eat Right 10-11.30am 3wks - 6th May 09 (Room Hire) Organic Gardening Tutor: Cheryl Noble \$5 per class 10-12 noon Starts: 27th May - 17th June (4 weeks) Ph: 834 2249 (Lounge)	Family Support Woker. Benefits, HNZ, ACC Please phone 858 3453 to make an appt. 10am - 3pm	Gardening Group (All welcome) 9.30-12.00 noon Free legal advice 11-12 noon Last Friday of every month. Come in or phone for an appointment.
AFTERNOON	Yoga For Everyone 12 noon - 1.30pm Costs: \$36 per 9 wks Tutor: Samadhimurti Starts: 27th April Enrol by the 24th April Min: 6-8. (Lounge)		Tai Chi 2.00 - 3pm Tutor: Eddie Tan \$2 per class Starts: 29th April 2009 (Lounge)		
EVENING	Sahaja Yoga 7.00 - 8.30pm Tutors: Prem & Daya Govender Ph: 07 823 1589 (Room Hire)	Toughlove 7.30pm - 9.30pm Ph: 07 856 5999 (Room Hire)		Book Club Meetings 6.30-7.30pm 3rd Thursday of every month SEKCA Meeting 7-9pm Every second Thursday of every month. New members welcome. (Lounge)	