



WAIMARIE HAMILTON EAST COMMUNITY HOUSE

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Co-ordinator's Corner

by Jane Landman

WELCOME to our quarterly Newsletter. Waimarie: Hamilton East Welcome to our quarterly Newsletter. Waimarie: Hamilton East Community House serves the South East area of Kirikiriroa. Community Houses are located in local neighbourhoods and exist to support and serve the local community. We run a variety of programmes and services and we are always open to new ideas and suggestions.

Spring is here at last and reminds me of a silly poem I learnt at school:

*Der spring is sprung
Der grass is ris
I wonder where dem boidies is?
De little boids is on de wing
Ain't that absoid
Dem little wings is on de boid.*

The spring season is often a reminder that we are still alive and that there are lots of things we have yet to do – love new people, take up new hobbies and interests, explore more of the country or the planet. It can sometimes also be a painful reminder of loss: of our youth, health, loved ones and opportunities. The challenge is to write our own “bucket lists” or dust them off and get cracking on them. Pain and loss are always part of life but if we don't take risks and venture out into the unknown, we are in danger of reducing our world to a very narrow and lonely place. We can start slow by inviting a neighbour over for a drink, learning to dance, offering to baby-sit someone's child or feed their cat. Me, I aim to have at least one date by Christmas!

Expanded Legal Service

A reminder that our expanded legal service is now weekly. Clyde Law is on board and provides legal advice on the 1st and 3rd Tuesday of the month from 10.00am. McCawLewisChapman come on the last Friday of the month from 11.00am. Please phone Waimarie for an appointment.

Remember you are always welcome to pop in for a cuppa and a bit of a chinwag.

Funders & Sponsors

A BIG thank you to our funders and sponsors for 2006/7:

Hamilton City Council(Operations/Rent)	Baker's Delight – Hamilton East(Bread)
McCawLewisChapman (Legal Advice)	Hillcrest High School(Community Education Courses)
Clyde Law (Legal Advice)	Envirofund (Gibbon's Gully Project)
OSCAR (Holiday Programme)	JR McKenzie (Wages)
Hamilton City Council Community Wellbeing	Tindall Foundation – (Gardening Costs)
..... (Community Education, Wages)	Hamilton Boys High School – (Gardening Course)
Hamilton City Council Holiday Programme (Fund)	HCC Community Well Being Grant – (Wages)
Lotteries (Wages)	WEL Energy Trust - (Wages)
COGS (Operating Costs)	Trust Waikato (Wages)
DV Bryant Trust (Budgeting Service)	

Eduardo on Symmington

WAIMARIE Community Garden continues to offer the opportunity to work collectively as neighbors, share ideas in a friendly atmosphere, get our hands in the soil, connect with the Earth and enjoy growing healthy fruits and vegetables, flowers and herbs.

On these first days of spring our garden is benefiting from the extra warmth and added sunshine after long winter months of inclement soaking weather. Despite the frequent downpours we haven't once had to cancel our Friday working bee and we've got a good group of regular volunteers who continue to share the year-round tasks as well as healthy rewards. At

the end of each work session we enjoy a hearty meal consisting of fresh organic produce.

Recently, we've had a good steady harvest of beetroot, carrots, silverbeet, radishes and lettuce. Our supply of pumpkins –one of our mainstays- was somewhat diminished by certain sticky-fingered humanoids classified along with snails and slugs under the category “pestus horribilis”. Gratefully however, this is not a usual problem.

Happy gardening.
Remember gardening kicks off on Friday mornings about 9.30am. All welcome



Regular Services and Activities

REMEMBER we also offer the following services and regular activities:

- Photocopying @ 10c per A4 page and 20c per A3. Over 10 copies 7c and 15c
- Rooms for meetings and seminars
- Veggie co-operative \$10 a box of veg (includes some fruit). Egg trays: size 5 \$6.20, jumbo \$7.60 (30 eggs) and potatoes: \$8.50 for 5kg, \$10.00 for 10kg. Ring with your order and pay by Tuesday lunchtime. Collect from lunchtime Wednesday.

- Gardening group on Friday mornings.
- Free legal advice from 11.00am on last Friday of the month and every second Tuesday from 10.00am - by appointment only.
- Cuppa and a bit of a chinwag
- Referrals
- Budgeting Service. This free service is now operating again on Tuesdays from 9.00am.
- Phone for an appointment. Julie Elmer is the Budget Advisor. Tues am, Wed pm

- Benefit Advocacy. Phone Craig Wills on 8504013. Craig is based at Waimarie on Thursdays from 10.00-3.00pm. Phone for an appointment or drop in.
- Opportunity Shop. Come and browse for a bargain in “Waste not want not”. Open daily.
- Free counselling on with Bill Rout. Phone him for an appointment on 859-0118.
- Free legal advisory service on Friday mornings and every second Tuesday. By appointment only.

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>Waikato Home Tutor Scheme English Conversation 9.30 –11.30pm Ph: 8532188 Starts: 13th Oct</p> <p>Free Counselling Ph: 8590118 for appt.</p> <p>Beginner's Yoga 11:45-1:15pm Costs: \$32 per 7 wks Tutor: Samadhimurti Starts: 20th Oct 08 Enrol by : 17th Oct 08 Min: 6 - 8</p> <p>Opportunity Shop 9.00-3.00pm</p>	<p>Veg & fruit boxes, eggs, potatoes and orders taken and paid for by 2.00pm</p> <p>Free legal advice 2nd & 3rd Tuesday of every month. Come in or ph for an appt. 10am. Budget Advice Please ph: 8583453 for an appt. By appt only</p> <p>Sport Waikato Green Prescription 12-1:30pm (fortnightly) (Room Hire)</p> <p>Opportunity Shop 9.00-3.00pm</p>	<p>Vege orders ready for pickup from 10.30</p> <p>Organic Gardening Tutor: Cheryl Noble 10-12pm Starts: 29th Oct- 19th Nov (4 weeks) Ph: 8342249</p> <p>Opportunity Shop 9.00-3.00pm</p>	<p>ESOL classes 9.30-11.30am Ph 8532188 Starts: 8th May (Room Hire)</p> <p>Family Support Advice. Please phone 8583453 to make an appt. 10:00-3:00pm</p> <p>Opportunity Shop 9.00-3.00pm</p>	<p>Gardening Group (All welcome) 9.30 –12.00am</p> <p>Free legal advice Last Friday of every month. Come in or ph for an appt. 11-12pm.</p> <p>Opportunity Shop 9.00-3.00pm</p>
Afternoon	<p>Progressive Yoga 1:15-2:45pm Costs: \$36 per 8 wks Tutor: Samadhimurti Starts: 13th Oct 08 Enrol by : 10th Oct 08 Min: 6 - 8</p>		<p>Tai Chi 2.00--3.00pm Tutor: Eddie Tan \$2 per class Starts: 15th Oct 08 (lounge)</p>		
Evening	<p>Sahaja Yoga 7.00 – 8.30pm Tutors: Prem & Daya Govender Ph: (07)823-1589 (Room Hire)</p>	<p>Toughlove 7.30pm-9.30pm Ph: 8565999 (Room Hire)</p>	<p>Organic Gardening Tutor: Cheryl Noble</p>	<p>Book Club Meetings 3rd Thurs of every month 6:30-7:30pm SEKCA Meeting 7:00-9:00pm. Every Second Thursday of Every month. New members welcome.</p>	<p>Sahaja Yoga 7.00 – 8.30pm Tutors: Prem & Daya Govender Ph: (07)823-1589 (Room Hire)</p>