



WAIMARIE HAMILTON EAST COMMUNITY HOUSE

53 WELLINGTON ST, HAMILTON EAST • PHONE 07 858 3453

Co-ordinator's Corner

by Jane Landman

Welcome to our quarterly Newsletter. Waimarie: Hamilton East Community House serves the South East area of Kirikiriroa. Community Houses are located in local neighbourhoods and exist to support and serve the local community. We run a variety of programmes and services and we are always open to new ideas and suggestions.

Heritage Festival

I have been very busy helping to organise and run the Heritage Day Celebrations in Steele Park on Sunday, 9 March. It was a very successful day with glorious weather, lots of people, stalls and entertainment. This year the festival was combined with the Hamilton East Village Business Association Jazz, Food and Wine Festival which added entertainment and wine. Bill and David from Omaru had some serious competition from a local Penny-farthing rider which was great and he even had some mini bikes for kids. The bikes are actually called ordinary bikes. There was balloon making, story telling, face painting, old fashioned races, Clydesdale horse and vintage car rides, afternoon teas and music at Beale Cottage, displays and more. Next time we will definitely have a lemonade stall and more food on site to supplement the sausages, pizza and sweets available on the park this year. Thank you to all those who joined us to create a very special event and hopefully there will be many more.



New Advisory Service

This term we are offering a new free service providing advocacy and advice on a range of issues such as employment, mediation, consumer contracts, housing and family problems. Shu-yin Wong is volunteering his services by appointment on Fridays except the last Friday of the month when our legal service will operate. He has previously worked with the Community Law Centre and has been active in several community groups. Shu-yin is fluent in English, Cantonese, and Mandarin with a good understanding of written and spoken Japanese. He has degrees in Law, Science and a post graduate Diploma in Communication. Ring Waimarie for an appointment.

Preventing Flating Fiascos

Shu-yin is also willing to run seminars. If you are thinking of moving into a flat or wish to know how to avoid the pitfalls of flating, ring us with your interest and we will organise a seminar. If there are other topics you would like to know more about, again, ring us and register your ideas and interest.

Remember you are always welcome to pop in for a cuppa and a bit of a chinwag.

Funders & Sponsors

A BIG thank you to our funders and sponsors for 2006/7:

Hamilton City Council (Operations/Rent)	COGS (Operating Costs)
McCawLewisChapman (Legal Advice)	DV Bryant Trust (Budgeting Service)
Trust Waikato (Wages)	Baker's Delight - Hamilton East (Bread)
OSCAR (Holiday Programme)	Hillcrest High School (Community Education courses)
Hamilton City Council Community Wellbeing (Community Education, Wages)	Envirofund (Gibbon's Gully Project)
Hamilton City Council Holiday Programme Fund	JR McKenzie (Wages)
Lotteries (Wages)	Tindall Foundation (Gardening Costs)

Cheryl on Symmington

What a wonderful summer it has been, just as summers should be.

Unfortunately a little harsh on our gardens, with scorching temperatures & lack of rain.

If you had mulched your garden over the summer it would've fared a lot better than an unmulched garden with a lot less watering required.

It is well worth the small amount of effort to mulch your veggie garden.

Mulch can be aged grass clippings, pea straw, compost, newspaper & even old woollen jumpers, things that are organic & will break down into the soil.

Mulching provides many benefits, not only retaining the moisture in the soil but also adding nutrients and keeping an even temperature, not allowing the soil to get too hot in the summer or too cold in the winter. If you are exposed to winds it will also prevent soil erosion. Before applying the mulch give your garden a good watering then place on top of your soil about 5 to 10 cm. of the mulch you have available.

The Community Garden has held more adobe workshops, building a good quantity of bricks to edge the vegetable plots. One workshop was held with the Friday gardening group then on Saturday a big group of people volunteering to do community work got stuck in. The bricks are resting in the shade of the beech tree as they cure. Many thanks to all those who built them.

March 20. was our autumn solstice, some say it is a time to set new intentions. If you have been thinking about starting something new in your garden now would be the time to do it.



Remember gardening kicks off on Friday mornings about 9.30am. All welcome.

A couple of suggestions for something new could be to give your garden a good watering with your handheld hose (or wait for some rain), then cover it with mulch. Or spread compost on cleared areas ready for winter crops.

If you do not make compost, now would be a good time to start or make a worm farm.

Improve the way you treat the environment of the planet by recycling your organic waste into garden fertiliser & eliminate unnecessary waste going into landfills by providing nutrients for the life in the soil & the food you grow.

Regular Services and Activities

Remember we also offer the following services and regular activities:

- Photocopying @ 10c per A4 page and 20c per A3. Over 10 copies 7c and 15c
- Rooms for meetings and seminars
- Veggie co-operative \$10 a box of veg (includes some fruit). Egg trays: size 5 \$6.20, jumbo \$7.60 (30 eggs) and potatoes: \$4 for 5kg, \$6.70 for 10kg. Ring with your order and pay by Tuesday lunchtime. Collect from lunchtime Wednesday.
- Gardening group on Friday mornings.
- Free legal advice from 11.00am on last Friday of the month -by appointment only.
- Cuppa and a bit of a chinwag

- Referrals
- Budgeting Service. This free service is now operating again on Tuesdays from 9.00am.
- Phone for an appointment. Julie Elmer is the Budget Advisor. Tues am, Wed pm
- Benefit Advocacy. Phone Craig Wills on 8504013. Craig is based at Waimarie on Thursdays from 10.00-3.00pm. Phone for an appointment or drop in.
- Opportunity Shop. Come and browse for a bargain in "Waste not want not". Open daily.
- Free counselling on with Bill Rout. Phone him for an appointment on 859-0118.
- Free advisory service with Shu-yin Wong on Friday mornings. By appointment only.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Waikato Home Tutor Scheme English Conversation 9.30-11.30am Ph: 07 853 2188 Starts: 5th May 2008 Beginners Yoga 11.45-1.15 Costs: \$32 per 8wks Tutor: Samadhimurti Starts 5th May; Enrol by 2nd May Min 6-8 Opportunity Shop 9-3pm	Veg & fruit boxes, eggs, potatoes & orders taken & paid for by 2.00pm Budget Advice Please ph: 07 858 3453 for an appt. By appt only Sport Waikato Green Prescription 12 noon - 1.30pm (fortnightly) (Room Hire) Opportunity Shop 9.00 - 3.00pm	Vege orders ready for pickup from 10.30 Organic Gardening Tutor: Cheryl Noble 10-12.00 noon Starts 21st May (4 weeks) Ph 07 834 2249 Vibrant Living 9.30-2pm (8 weeks) (outside room) Opportunity Shop 9.00 - 3.00pm	ESOL classes 9.30 - 11.30am Ph 07 853 2188 Starts: 8th May 2008 (Room Hire) Family Support Advice Please phone 858 3453 to make an appt. 10am - 3pm Opportunity Shop 9.00 - 3.00pm	Gardening Group (All welcome) 9.30 - 12.00 noon Free legal advice Last Friday of every month. Phone to make an appt. 11.00 - 12.00pm Opportunity Shop 9.00 - 3.00pm
AFTERNOON	Progressive Yoga 1.15 - 2.45pm Costs: \$32 per 8 wks Tutor: Samadhimurti Starts: 5th May Enrol by the 2nd May - Min: 6-8.	Craft for Kids 3.45 - 4.45pm Tutor: Billie Neal \$20 per term Starts: 13th May Enrol by the 9th May Min: 6 Max: 12	Tai Chi 2.00 - 3.00pm Tutor: Eddie Tan \$2 per class Starts: 6th Feb 08 (Lounge)	Healthy Cooking On A Budget 1.00-2.30pm Tutor: Jen Riley \$20 for 6 weeks Starts: 22nd May 08 (Kitchen)	
EVENING	Sahaja Yoga 7.00 - 8.30pm Tutors: Prem & Daya Govender Ph: 07 823 1589 (Room Hire)	Toughlove 7.30pm - 9.30pm Ph: 07 856 5999 (Room Hire)	Organic Gardening 6.00pm - 8.00pm Tutor: Cheryl Noble Starts: 21st May-11th June (4 wks) Ph: 07 834 2249	Book Club Meetings 3rd Thurs of every month 6.30 - 7.30pm SEKCA Meeting 7.00 - 9.00pm. Every Second Thursday of every month New members welcome.	