

CO-ORDINATOR'S CORNER

Community support vital for Waimarie

By JANE LANDMAN



Welcome, Waimarie: Hamilton East Community House serves the southeast area of Kirikiriroa and runs a variety of programmes and services.

We're always open to new ideas and suggestions. Please pop in or email us and let us know what you would like to see happening at Waimarie and/or how you could help us to achieve your vision.

We need the support of our community — you — to help us be of maximum benefit.

Holiday programme

This will run from July 15-26. We cater for five to 12-year-olds and qualifying parents can apply for a WIN subsidy. There are lots of fun things for kids such as picnics, craft, cooking, special guests, badminton, table tennis, visits and similar. Enrolment forms are on our website, or call in to Waimarie.

Symmington snippets

With winter here, we have planted brassicas, beetroot, leeks, broad beans, onions and salad greens.

The fragrant garden has been overhauled with new timber. Thank you to Sara's husband, who donated the timber and know-how to construct it.

There are lots of spring bulbs popping up — nerines, paper whites. Each year, the bulbs, which formerly made their appearance in spring, seem to be coming up earlier, confused about the seasons. The chooks are off the lay and the paths are remulched.

A huge thank you to Jill, co-founder of AgriSea, who donated some wonderful organic products for the garden.

Staff and volunteers

Our volunteer committee members attend monthly meetings and help to support Waimarie. If you live locally, are interested in governance and would like to join



HEALTHY: No matter the time of year, Waimarie's garden is home to an abundance of herbs and vegetables.

the committee, please contact us to discuss this further.

This is a great way to learn more about how community organisations work, learn about governance and is a great addition to your

CV.

We have many wonderful volunteers and we couldn't function without them.

Ka kite ano

— Jane Landman

“We have many wonderful volunteers and we couldn't function without them.”

JANE LANDMAN,
Co-ordinator

Thank you to supporters

A big thank you to our funders and supporters for 2013

COGS (operating costs.)
Community Wellbeing Fund (Hamilton City Council).
Hamilton City Council (operations/rent).
Hamilton City Council Holiday Programme Fund.
iRs (DHB) (gardening costs).
Lotteries (wages).
Norah Howell Charitable Trust (wages).
OSCAR (holiday programme).
The Southern Trust (telephone/energy costs).
Trust Waikato (wages).

WEL Energy Trust (wages).
D V Bryant Trust (wages).
Department of Corrections (curtain project).
Lodge Real Estate Hamilton East (newsletter).

Supporters

Baker's Delight (bread).
Hamilton Budget Advisory Service (support).
Pukete Neighbourhood House (advocacy support).
Sunshine Bakery (bread, pies).
Also a big thank you to all those neighbours and volunteers who have given their time and energy to Waimarie.

Happy 'n' healthy

Waimarie is excited to offer the community the opportunity to be a part of the Happy 'n' Healthy programme.

Commencing August 13, the programme runs every Tuesday from 9.30am to noon for six weeks.

The exciting and fun programme focuses on healthy eating, lifestyle, gardening and general wellbeing. It includes setting lifestyle goals and achieving them with a buddy follow-up system.

A guest chef will teach participants how to cook nutritious, satisfying family meals while other areas covered include growing your own organic vegetables, happiness and motivation sessions and exercise periods.

■ If you are interested in attending the programme please contact Waimarie.

FUN HOLIDAY PROGRAMME

Waimarie's July school holiday programme kicks off on Monday and runs until Friday, July 26.

There is a fantastic range of activities for children, including the usual favourites of art and craft mornings, board games and cooking.

There's also visits to the local parks, Hamilton Gardens and Lake Rotoroa to burn off some energy.

Music will be a feature of the programme with the children playing Sing Star and having a fun learning experience with a variety of instruments.

A karate/self-defence tutor will demonstrate the basics and is sure to be lots of fun.

The children will take a tour to the local fire station where they will learn about fire safety.

Other popular aspects of the programme include a visit to the movies and a trip to Te Aroha Hot Pools.

The centre always receives wonderful feedback from parents who have enrolled their children in the programme.

■ Enrolment forms available on Waimarie's website, or call in to the community house.