



WAIMARIE: HAMILTON EAST COMMUNITY HOUSE

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Co-ordinator's corner . . .

Welcome.

Waimarie: Hamilton East Community House serves the southeast area of Kirikiriroa.

Community houses are located in local neighbourhoods and exist to support and serve the local community.

We run a variety of programmes and services and we are always open to new ideas and suggestions.

Please pop in, or email us and let us know what you would like to see happening at Waimarie, or how you could help us to achieve your vision.

We need the support of our community, you, to help us be of maximum benefit.

We hope you had a restful and enjoyable break during Christmas and New Year. As I had recently visited the

beautiful Whitsunday Islands in Queensland and stayed at Angorie, an eco resort in the rainforest in New South Wales courtesy of Group-ons (similar to our Grab One deals), I mostly just pottered around the house.

I did manage to finish painting my hallway and toilet, which has been waiting for a few years and now the light switches are attached to the wall, which seems amazing!

It is a great feeling to catch up on some of those neglected chores that are really hard to find the time and energy to complete when working all week.

I made a long list of these as advised by Gretchen Rubin in her book, *The Happiness Project*. I did the same thing last year and found I managed to complete a lot more than just trusting

to luck, or a whim to suddenly scrub the deck.

It was also wonderful to catch up with my sister and niece from Queensland with time to laugh, reminisce, plan, share food and drink and just hang out. My sister decided to throw away some of my "stuff" which was interesting.

I confess to retrieving some of it when she wasn't looking but mostly agreed with her rearranging things.

We stayed a night at the beautiful old Waitomo Hotel, which was a long time wish of mine. We met some locals and went clay pigeon shooting — round clay discs for the uninitiated, no wild life involved.

This was another long time wish and I had a lot of fun, despite ending up with

a bruise the size of Australia on my upper arm.

The three of us managed to shoot five out of 20 targets, which seemed pretty good to us being first timers. We passed on the caves, being shocked at the prices charged and having seen them before things got flash and expensive.

My sister visited Hobbiton and raved about it for days, so we had a peek at the Hobbiton House accommodation in Waitomo. Now I need to shed some kilos after too much food and drink during the holiday season. Guess it is time to dust off the hand weights and the dog and get moving.

Ka kite ano

— Jane Landman

What's happening to Waimarie?

We are still working to keep Waimarie but nothing yet is settled.

In the meantime, because of all the uncertainty, we had to cancel the Christmas holiday programme.

The shop is also on hold but otherwise, it is business as usual.

We have farewelled our resident psychologist, Paris Williams, who rented an office along with a colleague, Elizabeth.

They have moved to Frankton.

We welcome Michelle Peat, who is now renting the office for four days a week.

She is experienced in conflict resolution and restorative justice.



FUNDERS

A big thank you to our funders and supporters for 2013-14.

Funders
COGS (operating costs).
Hamilton City Council (operations/rent).
Hamilton City Council Holiday Programme Fund.
Lotteries (wages).
Norah Howell Trust (musical instrument hire).
MSD (holiday programme).
Sky City (musical instrument hire).

The Southern Trust (telephone/energy costs).
Tindall Foundation (budgeting).
Trust Waikato (global costs).
WEL Energy Trust (wages).

Supporters
Hamilton Budget Advisory Service (support).
Niemand Peebles Hoult (legal advice).

Pukete Neighbourhood House (advocacy support).
Sunshine Bakery (bread, pies).

Also a big thank you to all those volunteers who have given their time and energy to Waimarie.

Thank you too to all of you who have donated goods to Waimarie.

Community education courses

We welcome your ideas for classes and workshops.

There has been a distinct drop off in interest for community education programmes during the past couple of years.

We are not sure why as we have offered some amazing programmes at very minimal cost, but with very little uptake — such as the Happy 'N' Healthy programme.

Tai chi continues to be popular and this class will resume on Wednesday, February 29 at 2pm. Classes are \$4 per session.

We are also running a Healthy Cooking and Preserving course from Monday, February 24.

This will only cost \$2 per session, including ingredients and you get to eat the produce as well.

Knit & Natter continues on Mondays at 1pm and has started. This is an open group, so you can join any time. There is no charge for this group — simply bring along your materials and ideas for a craft/knitting project and join our friendly bunch over a cuppa.

Organic gardening classes are



COLOURFUL: Waimarie's Knit & Natter group meets on Mondays at 1pm.

also scheduled for Tuesdays at 10am starting on March 18. Cheryl Noble, of the Hamilton Permaculture Trust, has been

running the classes for some time and they are always popular.

The cost is only \$5 for the whole four weeks. The classes are

sponsored by funders making them accessible to anyone who wants to learn about organic gardening.